3 UNHEARD OF PUTTING DRILLS TO PUTT LIKE A PRO

Learn the sometimes “guarded” drills that the best teachers and players in the world use to improve.
This program contains a small selection of drills and exercises to improve all aspects of putting.

Several of the following drills are either direct or modified by Joe Bosco, as he has interacted with taught with or studied so many knowledgeable teachers and players: PGA Tour players and PGA Tour Teachers, Including, Stan Utley, Ian Poulter, Dr. Richard Jaekle, Justin Rose, Dr. Christian Marquardt (SAMPuttLab inventor), Sam Froggatte of Eye-Line, Pat Goss, Luke Donald, Todd Sones,, Bob Rotella, Dr. Joseph Parent, Sian Beiloch, Daniel Coyle, Mike Adams., Dr. Craig Farnsworth...to name a few.

Joe Bosco is both a student and teacher of putting instruction. Here is how Joe Bosco views the essential aspect of putting.

**Joe Bosco’s Essential Aspects of Building & Maintaining Great Putting Skills:**
- MINDSET
- SETUP
- STROKE
- IMPACT
- TOUCH & FEEL & RHYTHM

**BELOW ARE TWO DRILLS FOR YOU TO READ AND DO IMMEDIATELY!**
TOUCH AND FEEL DRILL: PUTTING POOL

From 6 feet initially, and then as far back as you have room space, length: Place a golf ball on the edge of the front of the hole.

Begin with a straight level or uphill putt. Take a second ball (CUE BALL) and line-up and use your routine, and attempt to hit that putt to knock the ball on the edge – into the hole.

**Variation:** On the same straight putt, line up to hit the CUE Ball Putt at the left or right side of the Ball on the edge.

**Variation:** Breaking putts with same set up.

**Variation:** Longer putts of any length.

This drill should be done daily for 21 to 30 days.....having the object ball on the hole’s edge provides a very specific target to roll your CUE BALL at – improves visualization of target....and has proven to be one of the best distance control skill building drills I have used to help players like you!
STREET MIME PUTTING ROUTINE

Purpose: To sense the mental and physical differences between being completely relaxed and at ease when putting - and under the pressure and stress of putting.

**Step 1:** Pick a makeable 6 to 12 foot putting on putting green with a hole. Remove the flag stick (ALWAYS!!!!!!) Mark your ball and then replace the ball and pick up your mark.

**Step 2:** Go through your complete pre-putt routine --- and be ready to hit that putt. But then STOP

**Step 3:** Now, set your putter down, behind you.

**Step 4:** Mark your ball. Then REPEAT YOUR ENTIRE PRE-PUTT ROUTINE -- Exactly as before WITHOUT YOUR PUTTER. ACT LIKE IT IS AN IMAGINARY PUTTER AND YOU ARE A STREET MIME.

Once you, The Mime, have “hit the putt” and imagined seeing it go in the hole......ask yourself what was different - if anything, between the Actual Putter in hand routine and the Mime Routine -- in your mind? In your body?

**FINAL STEP:** Pick your putter back up, Go through the Routine AGAIN....and then go ahead and hit the putt. Again, sense what you felt, noticed mentally and physically.
TRUST & AWARENESS DRILL: LOOK AT THE HOLE

Begin 1 foot from a hole (flag stick out).

Set up to stroke the ball. Rotate your head and eyes to comfortably gaze at the hole. Look at the hole in detail: notice the front center edge first, then look at the back edge, then the left and right edges.

Inhale and exhale....keep your eyes on the front center edge of the hole and stroke the ball into the hole....WATCH THE BALL AS IT ROLLS TO AND (hopefully!) INTO THE HOLE.

Repeat at 1 Foot 6 to 10 times.
Back ball out to 2 Feet – and repeat.
Go to 3 Footers, then 4 Footers. (There is no limit to how far out away from the hole you can do this.)
**BENEFITS OF THESE THREE DRILLS:**

In both drills, the attention is directed to **Target Awareness – Target Focus**. And by design, the attention to your stroke is left more to trust and feel. This is intentional.

I stand for you playing better golf. I want you to do these drills (best to try them on an open hole on the golf course --- but a practice green certainly works too. Go play golf and track your putting. Pay attention to how your putts roll out.

Please provide me with your feedback, after doing these drills and then how you putt after a few rounds.
Imagine a 9 hole or 18-hole playing lesson with me – helping you to realize your best skills and how to have them show up ON THE COURSE and not just on the range!

I’ve helped hundreds of golfers realize their true potential and become consistently better golfers. To learn more email joeboscogolf@gmail.com

WHO IS JOE BOSCO?

Joe Bosco has more than 25 years of experience as a golf instructor, working alongside teaching legends like Mike Adams, Hank Haney, and Stan Utley. A two-time nominee for Golf Magazine’s Top 100 Teachers list, Bosco has coached more than 50 club champion adults and dozens of high school state champion junior players.

Most players improve their game to a point, then stall at a certain handicap. The scores they shoot stubbornly cluster in five or six shot comfort zone. Real Golf is rooted in cutting edge research on human behavior and learning, but the results aren't theoretical. If you want to learn more Joe has written a stunning book on how to implement this in your game.

Learn more about REAL GOLF